



PARALOS
KOSTA ALÍMIA

› PURE LUXE

PREMIUM ALL-INCLUSIVE PROGRAM

Paralos Kosta Alímia 5 *

The Lifestyle Experience

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WHAT MAKES US STAND OUT!

Elevated à la carte gastronomy,
Exceptional restaurant service,
Countless flavors,
Unforgettable evenings

No buffets, no queues, no rush,
Just Pure Delight

À LA CARTE DINING, REDEFINED

A NEW STANDARD IN ALL-INCLUSIVE LUXURY

At Paralos Kosta Alimia, dining is more than a meal – it is an immersive journey into the heart of Crete. Guests are invited to discover **five distinct themed à la carte restaurants**, each celebrating the essence of **Mediterranean, Greek, and Cretan cuisine**. Every menu is thoughtfully crafted with **exquisite local ingredients**, creating dishes that ***connect travelers to the island's authentic flavors and traditions.***

While we proudly feature five exceptional à la carte restaurants, our concept goes far beyond variety: **we have reimaged the very way dinner is served in hotels.**

Here, there is no buffet in the evening. *Instead of standing in line or waiting at self-service counters, you are invited to sit back, relax, and let us take care of every detail.* Each course is thoughtfully prepared, beautifully plated, and served directly to your table. Our team's passion for heartfelt hospitality shines through as they anticipate your every need, letting you fully enjoy the pleasure of being cared for.

This **innovative approach** reflects our philosophy of modern, **sophisticated hospitality** – an approach that values your time, prioritizes comfort, and elevates the ritual of dining into a **memorable occasion**. It also expresses our deep respect for **sustainability**, as we **actively reduce food waste** by avoiding the large quantities of leftovers that traditional buffets create. Every dish that arrives at your table is fresh, intentional, and carefully portioned for the ultimate in both taste and responsibility.

www.kostaalimia.gr

INTRODUCTION

All Inclusive, guests have the freedom to choose a new culinary adventure each evening. Our **extensive wine list, signature cocktails**, and creative drinks elevate every moment, while **beachside snacks and refreshments** complete an indulgent and memorable stay.

Highlights:

- **Five Flavors, One Destination** – Mediterranean, Greek & Cretan gastronomy across five themed à la carte restaurants.
- **Your Dinner, Your Choice** – daily freedom for All Inclusive guests to dine where they wish (reservation required).
- **Wine Without Limits** – an extensive variety and quantity of carefully selected wines included in All Inclusive.
- **Sip & Savor** – signature cocktails and creative drinks at the chic Thalassa Bar, with endless views of the Aegean Sea.
- **Beachside Bliss** – delicious snacks and refreshing drinks served right by the sea.
- **Relax. Unwind. Be pampered** - no lines, just attentive service and decadent dishes.
- **Sustainable Dining** — where no food goes to waste and especially not the flavor

Within our All-Inclusive program, every dinner is transformed into an indulgent, seamless experience — offering the freedom of choice paired with the elegance and attentive service of a fine-dining restaurant. **This is not just a meal; it is one of the defining features that makes our resort stand out from every other property in its category.**

THE GASTRONOMICAL CONCEPTS



**In-Room
Welcome Package**

Thalassa Pool Bar

Breakfast
(Buffet & À la carte)

Theatro Pool Bar

Lunch
(Buffet & À la carte)

Lobby Bar

Dinner
À la carte

IN-ROOM WELCOME OFFER

UPON ARRIVAL

- Welcome drink
- Welcome offer

SOFT MINIBAR

- Variety of soft drinks
- Daily refill

BREAKFAST

TIMETABLE

Early breakfast
to be ordered a day in advance
(from 06:00)

07:00 - 07:30 Continental

07:30 - 10:30 Buffet

10.30 - 11.00 Late breakfast

Traditional Greek-Cretan breakfast, featuring local products with a focus on taste and healthy nutrition.

LUNCH

12:30 – 15:00 **

MEDITERRANEAN LEVÁNTE

**Buffet and
à la carte service**

Salads, appetizers, selection of desserts
and seasonal fruits.
Main course à la carte.

**last order

12:30 – 17:00 **

GREEK GRILL RÍGANI

Tasteful Gyros, Souvlaki and more
spit roast delicacies

**last order

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DINNER

À LA CARTE

GREEK GRILL RÍGANI Reservation required	18:30-21:30**	Mouthwatering Souvla-Rotisserie and other spit roasted delicacies	Included Drinks: • mineral water • selected Greek wine list • Greek beer • soft drinks • juices (table service)
GREEK TAVERNA KÁLESMA Reservation required	18:30-21:30**	Taste the well-known Greek cuisine with local specialities, prepared with fresh flavors and ingredients, gathered from the land around us. Traditional hearty home-cooking dishes with local ingredients a-la-cart	Included Drinks: • mineral water • selected Greek wine list • Greek beer • soft drinks • juices (table service)
SEAFOOD OKEANÓS Reservation required	18:30 – 21:30**	The best, the Greek sea world has to offer. Enjoy fresh and delicious flavors on the grill or through the chef's magic swirls on the pan.	Included Drinks: • mineral water • selected Greek wine list • Greek beer • soft drinks • juices (table service)
MEDITERRANEAN LEVÁNTE Reservation required	18:30 – 21:30**	We are inspired by the gastronomic heritage, that the countries around the Mediterranean bequeath us and we create with a twist. We bring together flavors that stay with you.	Included Drinks: • mineral water • selected Greek wine list • Greek beer • soft drinks • juices (table service)
STEAKHOUSE FLÓGA Reservation required	18:30-21:30**	Nothing better than a juicy steak. Enjoy your meat perfectly seasoned and sizzling on the grill or in the oven.	Included Drinks: • mineral water • selected Greek wine list • Greek beer • soft drinks • juices (table service)
ROOM SERVICE (tray charge)	07:30-22:30**	Enjoy the convenience and comfort of our all-inclusive room service – it's just one more way we're committed to making your stay with us a memorable one.	

**last order

***4 courses a-la-cart free choice

BARS

10:15 – 01:00	
THALASSA POOL BAR (Pool and Beach Service available for drinks and snacks)	• herbal & fruity teas • fruit juices • low-calorie drinks • smoothies • milkshakes • selection of international branded alcoholic drinks • beer • wine and creative cocktails
10:15 – 01:00	
THEATRO POOL BAR (service during Show Evenings**) (Pool and Beach Service available for drinks and snacks)	• herbal & fruity teas • fruit juices • low-calorie drinks • smoothies • milkshakes • selection of international branded alcoholic drinks • beer • wine and creative cocktails
10:15 – 17:45	
LOBBY BAR	• herbal & fruity teas • fruit juices • low-calorie drinks • smoothies • selection of international branded alcoholic drinks • beer • wine and creative cocktails

**The bars are open until 01:00 am, last order at 12:30 am.
All Inclusive applies to orders placed before 11:30 p.m.**

DESTICTIVE FEAUTURES

- Five, exclusively à la carte themed restaurants at dinner
- Selection of International branded alcoholic drinks and creative cocktails
- An extensive wine list from local and international wineries
- A selection of Cretan, Greek & Mediterranean Culinary Dishes
- Snacks & drinks service at the beach and by the pools
- Dine Differently: No queues, just thoughtful service, indulgent dishes, and a sustainable approach to every meal.

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GENERAL NOTES FOR THE ULTRA ALL-INCLUSIVE PROGRAM

- Some departments may operate periodically depending also on weather conditions.
- Hours of operation are indicative and subject to change.
- All drinks are noted in each department's list.
- Underage children (less than 18 y.o.) are not allowed by law to consume alcohol.
- Smoking is prohibited in all restaurants and all the hotel's internal areas.
- Dress code: Smart casual (no shorts or sleeveless t-shirts) in all restaurants during dinner.
- All other services, as stated in the official hotel description.
- Paralos Kosta Alímia reserves the right, at its sole discretion, at any time, with or without prior notice, to change, modify, add or remove portions of the above described content, installations, premises or services, including but not limited to such changes and/or modifications shall be deemed appropriate and/or necessary for compliance with any applicable rule and its updates imposed by the Greek Authorities.



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